

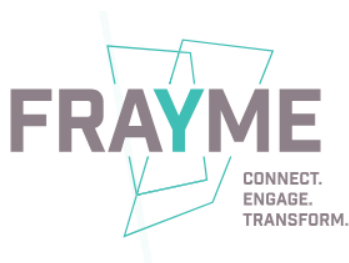
## Frayme Learning Institute



On February 21st and 22nd, the AFWI had the privilege of attending the Frayme Learning Institute where Claire Niehaus, Scientific Associate with AFWI, spoke on the opening plenary panel with four other guests on "Translating Research into Practice".

Over 300 attendees converged in Ottawa for two days of panels, breakout sessions, and discussions about what it takes to drive complex, intersecting, and critical services into action within the youth mental health sector.

We would like to thank Frayme, their sponsors, and all who attended for the wonderful experience. We were thrilled to take part in this conference and remain committed to being champions for mental health supports for all Canadians.



# Re-imagining the Family Justice System Symposium



On February 22nd and 23rd, the AFWI joined the Grande Prairie Family Education Society and the Reforming the Family Justice System Initiative for their Family Well-Being Symposium. Nancy Mannix, Chair and Patron of the Palix Foundation, delivered the Resilience Scale Masterclass to over 80 Grande Prairie community members. We are grateful to be part of this movement to change how we think about the family justice system and how to best support families as they face adversities.

A special thank you to Diana Lowe, Brandy Pilon, and their team of dedicated staff who put on a wonderful event. We are looking forward to supporting Grande Prairie organizations as they learn more about the Brain Story and the Resilience Scale and how to incorporate it in their practice.



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## Medicine Hat Resilience Day



The Medicine Hat Public School Division (MHPSD) and Our Collective Journey (OCJ) hosted the AFWI on January 30th, 2024 for a Resilience Day with Medicine Hat community members. We were thrilled to see how many organizations were already familiar with the Brain Story and looking for ways to include it as part of their services.

Thank you to our guest speakers who shared how their organizations have already started using the Brain Story and Resilience Scale with their audiences: Ramona Big Head (Peigan Board of Education), Jennifer Kent-Charpentier (Fresh Start Recovery, Calgary), Maral Kiani-Tari (Lethbridge Family Centre), and Takara Motz (City of Lethbridge).

We are looking forward to continuing our partnership with MHPSD and OCJ to build capacity and improve resilience for the Medicine Hat community.



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## Have you followed us on social media?

Come see what's happening on social media! We share resources and updates on the Brain Story with tips and guidelines for applying it in your everyday life (both professionally and personally).

We'd love to connect with you!

